## RIVERSIDE COUNTY FAMILY COURT SERVICES ANGER MANAGEMENT PROGRAMS 2019

The court has required each service provider on the Court's Resource List to meet at least one of the following criteria: provider is licensed/certified professional or provider is supervised by a licensed/certified professional.

Each service provider is a separate entity with its own governing board and/or operating policies and procedures. Riverside Superior Court does not monitor, evaluate or endorse the quality of work for any particular service provider.

## **DISCLAIMER**

The Superior Court of California, County of Riverside is making this list available as a public service only. This list includes all providers who have requested to be included on the list and who have signed a declaration, under penalty of perjury, that they meet the Standards of Judicial Administration 5.20. Each provider has submitted all information listed. The Riverside Superior Court has not and does not screen or evaluate the providers, their facilities, or the information they have listed nor have we verified any of the information posted. The Riverside Superior Court does not recommend or endorse any of the listed providers nor do they recommend that any of the listed providers will meet the needs of parents or children. You are responsible for interviewing and selecting a suitable provider. You should contact providers directly for relevant information.

The Riverside Superior Court is not a party to any transaction between the customer and the provider and is not liable for any cost of the services. The Riverside Superior Court is also not responsible for any damages arising directly or indirectly from services provided by any of the listed providers.

By accessing this list, you understand and agree that the Riverside Superior Court is not, in any way, responsible or liable for the acts, omissions, or services, of any of the providers, or for any other actions taken based upon the information provided. Any complaints should be sent directly to the provider. Copies of <u>complaints</u> may be sent to the Manager of Family Court Services at the following address: Superior Court of California, County of Riverside, 4175 Main Street 2<sup>nd</sup> Floor, Riverside, CA 92501.

Provider Information	Fee Information	Geographical Location(s) Served	Additional Information
Alternative Sentencing Program			
2060 University Avenue, #209 Riverside, CA 92507 Phone: (951) 329-4709	\$90 money order/credit card	Riverside, Corona, Hemet, Indio, Moreno Valley, Temecula	Length of Program: 16-32 weeks Size of Class: 12 or more  Probation Approved
AMCSI-Able Mediation and Counseling			
Services Inc.	\$25 one time registration fee	Riverside, Eastvale, Moreno Valley, Corona, Norco, San	Length or Program: 36 weeks Class Size: 8 maximum
7365 Cornelian St. #104 Rancho Cucamonga, CA 91730 Phone: (909) 980-2253 Email: ablecounseling@gmail.com	\$40 per class	Bernardino County, Los Angeles	
Angel of Faith Counseling Center			
4996 La Sierra Avenue Riverside, CA 92505 Phone: (951) 525-3752 12968 Frederick Street Suite A	Sliding Fee Scale	Riverside, Moreno Valley	Length of Program: 8, 16, 32 or 52 weeks Class Size: 8  Services available in Spanish
Moreno Valley, CA 92553			
Phone: (951) 247-7077  Aurora Family Counseling			
24977 Washington Avenue #K Murrieta, CA 92562 Phone: (951) 677-1470	\$5-\$40 Sliding fee scale	Hemet, Lake Elsinore, Menifee, Murrieta, Sun City, Temecula, Wildomar	Length of Program: 8, 16, 32 or 52 weeks Class Size: 12
Canvas of Life Family Counseling Services			Length of Program: up to 32 weeks
6840 Indiana Avenue #140 Riverside, CA 92506 Phone: (951) 777-8176 Email: Lisa@canvasoflifecounseling.com	\$25 per person/per class	Riverside	Class Size: 6-15 Discuss the cycle of abuse, power and control, how anger affects relationships, children anger management techniques, stress management techniques, family dynamics, child abuse, spousal abuse creating healthy relationships

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C3 Christ Centered Counseling  Nicolette Leflore, LMFT 27247 Madison Ave. Suite #108 Temecula, CA 92590 Phone: (951) 719-3977 Email: c3christcenteredcounseling@gmail.com	\$50 Intake \$50 per person/per class-materials included \$100 per hour individual	Temecula, Murrieta, French Valley, Lake Elsinore, Menifee, Perris, Canyon Lake, Wildomar, Hemet	Length or Program: 52 weeks Class size: 12 Program meets all requirements set forth by courts, probation officers, schools, and employers
Dominion Family Center  24138 Hemlock Avenue Moreno Valley, CA 92557 Phone: (951) 662-5651 Email: cdkrm@hotmail.com		Moreno Valley	Length of Program: up to 52 weeks Class Size: up to 20 Program provides a safe and comfortable educational environment for individuals to learn and practice socially acceptable ways of expressing and dealing with anger. Specifically targeted for self-help, court-ordered referral.
EHF Licensed Clinical Social Workers Inc.  Elizabeth Hernandez-Fail, LCSW 45-080 Golf Center Parkway, Suite H Indio, CA 92201 Phone: (760) 342-8344	Sliding fee scale	Indio, La Quinta, Palm Desert, Thousand Palms	Length of Program: 16-52 weeks Class size: 12
Empire Counseling & Consultation  Patrice Douglas, LMFT 8350 Archibald Ave Rancho Cucamonga, CA 91730 Phone: (909) 705-0773 Email: empirecounseling.net	\$30 group \$100 Individual	Corona, Eastvale, Norco, San Bernardino County	Length of Program: 8, 12, 32, 52 weeks Class Size: 6-8  Group targeting how to use anger in positive ways while reducing stress as well as maintaining relationships
Family Matters Counseling  Sharanda Vegi, LMFT 12968 Fredrick St. Ste. A Moreno Valley, CA 92553 Phone: (951) 208-0150 Email: drvegi@tlcffa.com	\$90 Licensed Therapist \$60 Associate Therapist	Moreno Valley	Spanish
Hale, Bertha, Psychologist  13800 Heacock Street, Suite C230K Moreno Valley, CA 92553 Phone: (951) 532-9706	\$30 per class	Banning, Beaumont, Hemet, Moreno Valley, Menifee, Murrieta, Perris, Riverside	Length of Program: 52 weeks Class Size: Up to 15

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LAE Family Counseling Service Inc.			
Luz Estrada, LCSW 45-080 Golf Center Parkway, Suite H Indio, CA 92201 Phone: (760) 342-8344	Enrollment fee: \$50 Weekly fees based on income, sliding fee scale	Coachella, La Quinta, Indio, Indian Wells, Mecca, Palm Desert, Thermal, Thousand Palms	Length of Program: 16-32 weeks or court order Class Size: 12 maximum Our programs are certified by Riverside County Probation Department
LifeWorks			
Veronica Guarneros, Ph.D. 1254 S. Waterman Avenue #21 San Bernardino, CA 92408 Phone: (888) 490-0045 Email: vguarnerose@lifeworkscoaching.org Website: www.lifeworkscoaching.org	\$50 Registration \$25 group session	San Bernardino	Class Size: 2-10 Stress management, developing empathy, emotional intelligence, identifying and expressing needs. Basic communication skills, assertiveness vs. bullying, personal anger management, coping with angry people
Oshita Counseling			
Norma Oshita, LMFT 78-401 Highway 111 Suite V La Quinta, CA 92253 Phone: (760) 972-6882 Email: normaoshita@gmail.com	\$85 Individual \$50 Group	La Quinta	Individual Group: up to 5
Moody, Janice L., LCSW			
606 E. 8th Street #B Corona, CA 92879 Phone: (951) 529-1610	\$35 per person per class Sliding fee scale	Corona	Length of Program: per court order Class size: 1-8
Moon Perez, Claudia, MS, LMFT			
PerezMoonPerez Psychotherapy 3894 Jurupa Avenue Riverside, CA 92506 Phone: (951) 369-9990 Fax: (951) 369-9090	\$50-\$75 per session	Riverside	Length of Program: 32-52 weeks Class Size: 10-15

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New Hope Christian Counseling Center  Andrea Watson, LMFT 464 S. Palm Ste C & D Hemet, CA 92543  12810 Heacock St. B202 Moreno Valley, CA 92553 (951) 247-6542 Email: newhopechristiancounseling.org	\$50 Assessment Fee \$20 per group session	Moreno Valley Hemet	Length of Program: 16, 32, 52 weeks Class Size: 8-10 individuals  We teach participants how to self monitor behaviors, build coping skills, use emergency de- escalation, learn to recognize their triggers, and utilize tools for anger control in a safe environment  Spanish
Novell & Novell Counseling Services Inc.  29748 Rancho California Road Temecula, CA 92591 Phone: (951) 694-0695 Website: www.novellcounseling.org Olive Branch Counseling Center	\$60 for 2 our group Sliding fee scale Average cost \$30 per group session	Canyon Lake, Hemet, Menifee, Lake Elsinore, Murrieta, Perris, Temecula	Length of Program: 52 weeks/2 hour sessions Class Size: 10-12 Services also available in ASL, Spanish and Tagalog
4041 Brockton Avenue Riverside, CA 92501 Phone: (951) 369-8534 Website: www.olivebranchcounseling.org	Sliding fee scale	Rancho Cucamonga Riverside, San Bernardino	Length of Program: 32 weeks Class Size: 13  View curriculum details on website Services available in Spanish
Perris Valley Recovery Programs  Tinya Holt, LCSW 236 E. 3 <sup>rd</sup> Street Suite B Perris, CA 92570 Phone: (951) 657-2960 Email: tholt@pvrecoveryprogram.org	Enrollment: \$50 Weekly Session: No Cost	Perris	Class Size: 12 We teach participants how to increase awareness of personal strengths, improve communication skills, be aware of anger triggers, identify and label feelings, reduce impulsivity, self-monitor behavior, develop alternative responses and better understand other's feelings
Silva, Aurora, LMFT  45080 Golf Center Parkway, Suite H Indio, CA 92201 Phone: (760) 342-8344  754 S. Vella Road Palm Springs, CA 92264 Phone: (760) 322-9116	\$10-\$60 sliding fee scale for Riverside County Probation	Indio, Palm Springs	Length of Program: 16-52 weeks Class Size: up to 12  Services available in Spanish

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The Zinnia Practice  Ibinye Osibodu-Onyali, LMFT 39755 Murrieta Hot Springs D160 Murrieta, CA 92563 Phone: (951) 905-3181 Email: IBI@thezinniapractice.com	\$50 per class Call for sliding fee scale	Murrieta	Class size: 6-12